

### 3.3.2.1 Rokkyu Technical Requirements

- Correct Hakama & Keikogi
- Correct Obi
- Reiho
- Iai-Seiza
- Hakama Sabaki
- Tying the Sageo
- Ashi-sabaki
- Kiri-oroshi
- Ippon-me “Mae”
- Nihon-me “Ushiro”

### 3.3.2.2 Gokyu Grading Technical Requirements

- Correct Hakama & Keikogi
- Reiho
- Hakama Sabaki
- Tying the Sageo
- Kiri-oroshi
- Ippon-me “Mae”
- Nihon-me “Ushiro”
- Sanbon-me “Uke-nagashi”
- Yonhon-me “Tsuka-ate”

### 3.3.2.3 Yonkyu Grading Technical Requirements

- Correct Hakama & Keikogi
- Reiho
- Hakama Sabaki
- Tying the Sageo
- Kiri-oroshi
- Ippon-me “Mae”
- Nihon-me “Ushiro”
- Sanbon-me “Uke-nagashi”
- Yonhon-me “Tsuka-ate”
- Gohon-me “Kesa-giri”
- Roppon-me “Morote-Zuki”

### 3.3.2.4 Sankyu Grading Technical Requirements

- Correct Hakama & Keikogi
- Reiho
- Hakama Sabaki
- Tying the Sageo
- Kiri-oroshi

### 3.3.2.8 Kyu Grade examination Kata selection

Examinations for Kyu grades shall be divided into demonstrations of pre-selected techniques and performed with Reiho. The kata selection recommended for all Kyu Grade examinations is determined to show that the student has adequately progressed through all stages of their training at the level being examined and shows improvement on previous techniques. The National Grading Examination for Kyu Grades is aligned to the following kata requirements:

Grade	Kata	Sankyu	1, 3, 5, 7 & 8
Rokkyu	1 & 2 only	Nikyu	1, 6, 7, 9 & 10
Gokyu	1 – 4 only	Ikkyu	1, 4, 7, 11 & 12
Yonkyu	1, 3, 4, 5 & 6		

- Ippon-me “Mae”
- Nihon-me “Ushiro”
- Sanbon-me “Uke-nagashi”
- Yonhon-me “Tsuka-ate”
- Gohon-me “Kesa-giri”
- Roppon-me “Morote-Zuki”
- Nana-honme “Sanpo-giri”
- Happon-me “Ganmen-ate”

### 3.3.2.5 Nikyu Grading Technical Requirements

- Correct Hakama & Keikogi
- Reiho
- Hakama Sabaki
- Tying the Sageo
- Kiri-oroshi
- Ippon-me “Mae”
- Nihon-me “Ushiro”
- Sanbon-me “Uke-nagashi”
- Yonhon-me “Tsuka-ate”
- Gohon-me “Kesa-giri”
- Roppon-me “Morote-Zuki”
- Nana-honme “Sanpo-giri”
- Happon-me “Ganmen-ate”
- Kyuhon-me “Soete-zuki”
- Juppon-me “Shiho-giri”

### 3.3.2.6 Ikkyu Grading Technical Requirements

- Correct Hakama & Keikogi
- Reiho
- Hakama Sabaki
- Tying the Sageo
- Kiri-oroshi
- Ippon-me “Mae”
- Nihon-me “Ushiro”
- Sanbon-me “Uke-nagashi”
- Yonhon-me “Tsuka-ate”
- Gohon-me “Kesa-giri”
- Roppon-me “Morote-Zuki”
- Nana-honme “Sanpo-giri”
- Happon-me “Ganmen-ate”
- Kyuhon-me “Soete-zuki”
- Juppon-me “Shiho-giri”
- Juippon-me “Sougiri”
- Junihon-me “Nukiuchi”